

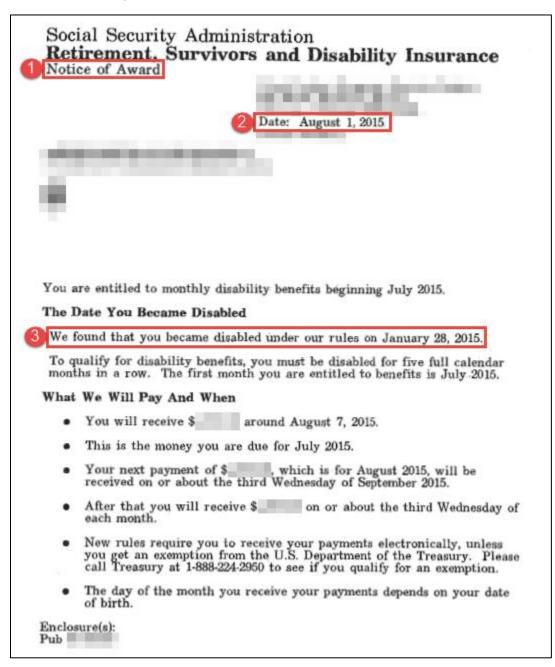
HMA is a separate and independent company that provides COBRA services for RGA members.

Instructions

In order to verify your disability status, we require a copy of the **Notice of Award** letter you received from the Social Security Administration (SSA). **Note**: Please be sure to *send us a copy* of your letter and *keep the original letter for your own records*.

Below is a sample image of the letter. **Note**: This image is just for example purposes. Your own letter may look different. What matters is that the letter is from the SSA and contains the following information:

- "Notice of Award".
- 2. The date the SSA issued the letter.
- 3. The date the SSA determined you became disabled.



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